



## Newsletter Fathers Day Edition 2010

**'Fathers Make a World of Difference'**

*Fathers-To-Be supports expectant and new dads by reinforcing their relationship with themselves, their partners, their babies, and the healthcare professionals caring for the family*

### Congratulations Fathers

At this special time set aside for fathers, we salute them...including the non-biological ones (bonus fathers). Fathers do make a world of difference, the world over, and their significance in the lives of children is irreplaceable.

#### UPCOMING EVENTS:

**Fathers-To-Be Professional Study Days**- workshops in London 3+10 July, Bristol-17 July. [See events](#). If you would like one in your area please get in touch. 01892 890614

**BBC4 TV** is running a series of programmes, 'Fatherhood Season'. Fatherhood, in an historical and contemporary context is celebrated in this season of programmes encompassing documentary, science, drama, and entertainment on BBC Four. [www.bbc.co.uk/tv/features/fatherhood-season](http://www.bbc.co.uk/tv/features/fatherhood-season)  
**TUNE IN BEGINNING MONDAY 21<sup>ST</sup> JUNE, ONWARD!**

**UK HypnoBirthing Conference/Study Day** in London Sunday 4 July - Spaces still available for this first ever event in the UK, which includes a presentation from founder Mickey Mongan and others. F2B's Patrick Houser will also be presenting, 'The Science of FatherLove'. To book your place contact, Tamara 01920-466133

**Lamaze/ICEA 50<sup>th</sup> Anniversary Conference** 'Uniting for the Future of Birth', in Milwaukee Wisconsin, USA 30 Sept.-3 October. Patrick Houser is presenting a workshop, 'The Alchemy of Supporting Fathers Throughout the Primary Time'. Book now!

**Freedom for Family Wellness**, Conference for Conscious Choice, Washington, D.C., October 21-24, 2010. Brought to you by the folks at [PathwaysToFamilyWellness.org](http://PathwaysToFamilyWellness.org) (Magazine). Designed to engage with parents and professionals like Holistic Practitioners, DCs, NDs, MDs, PhDs, OBs, Midwives, Doulas, Homeopaths, Acupuncturists, Family Wellness Counsellors, Consultants and Therapists towards expanding and advancing what is called the 'Vitalistic' movement. Patrick Houser will be contributing to a panel discussion with Ina May Gaskin, Susanne Arms and Dr. Jeanne Ohm as well as holding a workshop. Other headliners for the conference include Bruce Lipton Ph.D., Joseph Chilton Pearce, Peggy O'Mara, Joe Dispenza, Joe Mercola, plus... This will prove to be a world class event. Plenty of time to book your place and travel arrangements.

#### LATEST F2B NEWS:

**Celebrating:** The Colorado 'FatherLove' Tour. Patrick Houser was a keynote speaker at the Childbirth Across Cultures Conference presented by [Wisdom Within](#). The tour also included workshops in Grand Junction, Denver and Durango, 9 events in all, for professional and parents. It was a great success and support for parents and birthcare professionals throughout Colorado.

**Edinburgh:** F2B Professional Study Day last weekend was a great success.

**Lamaze International** will be hosting regular F2B webinars. This will provide Lamaze practitioners, and indeed anyone anywhere, access to or study day information/experience through web-based learning events. See Lamaze website to book your place.

**F2B WEBSITE:** Now is the season for **Breastfeeding Awareness**, internationally. Fascinating, and poignant, that it comes at a time celebrating fathers as well. See F2B site for free download of article, 'Breast is Best, for Dads too' as published in La Leche League magazine, New Beginnings. Education, Education, Education!

**Greatvine.com** for coaching on fatherhood for parents and professionals.

#### BOOKS AND FILMS WE RECOMMEND:

**Baby's here, Who Does What?** book by Duncan Fisher, OBE. If awareness is the first step on the road to change, especially social change, then UK parents have a lot to be grateful for with the publication of Duncan Fisher's first book. Mr. Fisher's dialogue illuminates virtually all... full review here... [www.fatherstobe.org/reviews.htm](http://www.fatherstobe.org/reviews.htm)  
Available from Amazon. Use voucher code, **TEAMWORK** for the discounted price of only £ 7.99.

**Doula, The ultimate birth companion**, DVD - Doula...I have had ambivalence about that weird, foreign word since I first heard it more than a dozen years ago. Somehow a new documentary, by Toni Harman of Alto Films, makes me feel better about it. The filmmaker, a new mother herself, has shown great courage.... full review (preview clip and DVD purchase) [available here...](#)

**BOOK RELEASE!** [Orgasmic Birth: Your Guide to a Safe, Satisfying, and Pleasurable Birth Experience](#) Following the tremendous success of the film Orgasmic Birth, the book, is now available. By Deborah Pascali-Bonaro (OB filmmaker) and Elizabeth Davis. Destined to be a best seller. Available from Amazon.

[A Gift for the Unborn Children](#), DVD - A re-release, now on DVD, of an award winning film on prenatal education. No other film tells this important story about the possibilities available for parents to influence their child during the mother's pregnancy (and it is not about learning math) Available on F2B website ONLY, just £14.99.

[Stretch Marks](#), selected articles from [The Mother Magazine](#) . A great compilation of valuable writing on natural living from [TheMotherMagazine.co.uk](#) and [StarFlowerPress.com](#)

[The Birthkeepers, reclaiming an ancient tradition](#)-by Veronika Robinson editor of [The Mother Magazine](#) and author of [The Drinks are on Me](#). A personal invitation to birthing with ecstasy; which reveals secrets to easy, natural, vaginal birth. From [StarFlowerPress.com](#)

## REMEMBER

Research shows: Men who respond to impending fatherhood  
by reflecting on the way they were parented produce happier children.  
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### YOU CAN SUPPORT US WITH CHARITABLE GIVING/DONATIONS

*The work we are doing is meeting with a positive response and we have a need for financial support. If you or anyone you know would like to contribute fundraising skills or make contributions through the Reg. Charity, The SOURCE Foundation International (1106472), please contact us.*